

Grab & Go Craft Kit: Heart String Art Cards

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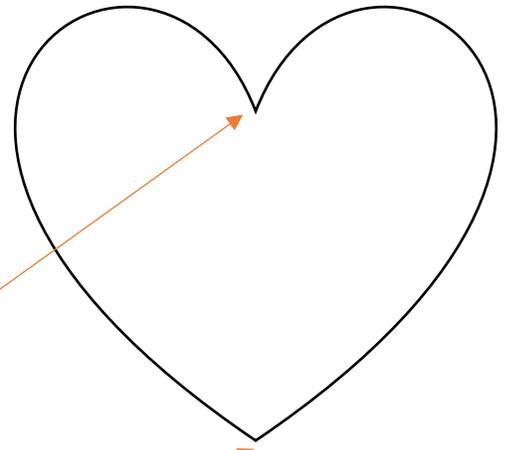
Supplies

Included in Kit:

- 4 notecards
- 4 envelopes
- 4 skeins of floss
- Needle
- Threader
- Foam

Not included:

- Pencil with good eraser
- Scissors

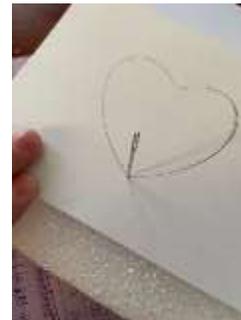


Notes:

- *Please forgive the different floss pictures used in these instructions. The yellow heart was my first try – and you can see how the needle I used was too big and I didn't use foam to prevent crinkling. The pink heart uses a needle the right size (18mm); this kit includes the size needle used for the pink heart card.*
- *I'm going to be referencing spots on the heart using clock numbers so imagine your heart is a clock with 12 at the top center and 6 at the bottom center. Keep in mind that this is not a perfect description since you will have several holes that fall within the space for one of the clock numbers, but you get the idea.*

Instructions

1. Cut out the heart above and use it as a pattern to *lightly* trace a heart on the front center of one of the notecards. Use a pencil so the lines can be erased.
2. Open the card (so it's one layer of paper) and put the side with the heart face-up on the foam.
3. Using the needle, poke holes along the heart outline about every 1/8". Try to keep the number of holes on each side the same. You can see that I didn't and that affected my threading – no big deal but just would have made it easier.
4. Erase the heart outline, leaving just the holes.



5. Thread the needle with the floss of your choice using the needle threader.
6. Push the needle from the inside back of the front of the card through the bottom center hole (the 6 on the clock), coming out the front of the card. Pull the floss through the hole, stopping with an inch or two of floss not being pulled through the hole.
7. Push the needle through the top center hole (the 12 on the clock) back through the card so that it comes out the back of card. Tie a knot between the inch left in step 6 and the floss pulled through. Trim the end.
8. Thread the floss through the holes in whatever pattern you want. This is how I



did the one pictured if you want to follow my pattern:

- a. After the above start and securing of the thread, go clockwise, pushing the needle from the back of the card through the hole to the immediate left (the 7 spot on the clock) of the lower center hole.
- b. Pull the floss across the heart and push the needle through the hole to the immediate right (the 1 on the clock) of the upper middle hole.
- c. Go up through hole 8 and down through hole 2. Up hole 9 and down hole 3, etc...
- d. Continue that, threading all the holes.
- e. Once that was complete, I outlined the heart by going up hole 6, down through hole 5. Up through hole 4, down through hole 3, etc...

Finish your cards and give them to people you love.

If you don't have the equal number of holes on each side, you may need to skip holes if you follow my pattern in step 8.

